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# GENERATING & SCORING THE SDQ USER GUIDE

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SDQcohort



AUGUST 22, 2023  
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## Introduction

SDQcohort is a web-based application created and maintained by Youthinmind, that gives you the option to select the most suitable scoring system for your circumstance. SDQplus sends the SDQ electronically to the informant to complete on their own device, whereas SDQscore is used to score completed SDQ papers. Reports are automatically generated by both systems.

Compatible browsers include Chrome, FireFox, Microsoft Edge. This guide uses Chrome.

The Youthinmind team is grateful for your feedback on this User Guide. Let us know how we can improve this user guide by emailing us at, [sdqtraining@youthinmind.com](mailto:sdqtraining@youthinmind.com).

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## Accessing SDQcohort & Filter Tool

1. Login with your UserID and Password at <https://sdqscore.org/SDQcohort.html>.

Click hide if you do not want your password displayed on screen.

2. Click the *Check status* button, a tick signifies the login details are correct.

3. In the *Cohort name* field, type in the cohort name (must be exact) and click *Load remote cohort*.

If you haven't yet built your cohort download the [Creating Cohorts User Guide](#) from the login page.

4. When clicked a second time the *Check status* tool updates the *Complete* column to show the number of completed assessments for an individual. The *Recent* column displays the date of the last SDQ.

Import a file. <a href="#">SHOW</a>		Details 1 <input type="text"/>		Details 2 <input type="text"/>		<a href="#">Save record</a>		<a href="#">Clear record</a>			
<input checked="" type="checkbox"/>	N	Details 1 ▾	Details 2 ▾	PlusID	Edit	SDQ+ Account	Score	Vis	Rpt	Complete ▾	Recent ▾
<input checked="" type="checkbox"/>	1	2024	Adams, Alison	exciting.yeti.9964		Login	➤		Rpt	N=1	2023-06-22
<input checked="" type="checkbox"/>	2	2024	Best, Georgia	7067-9344-4537-7301		Login	➤		Rpt	N=2	2023-06-05
<input checked="" type="checkbox"/>	3	2024	DS	communal.minnow.851		Login	➤		Rpt	N=2	2023-06-15
<input checked="" type="checkbox"/>	4	2024	Giggs, Ben P.S	4211-5076-1491-2253		Login	➤		Rpt	N=2	2022-04-26
<input checked="" type="checkbox"/>	5	2024	Green, Jan P.S	model.oxygen.8244		Login	➤		Rpt	N=2	2022-06-23
<input checked="" type="checkbox"/>											

5. To find those who have not yet completed an SDQ, use the *Complete* filter tool (click the arrowhead) and select all those with N=0.

6. Alternatively, use the check boxes in the first column to select the relevant record(s) for iSDQ assessment ticket generation.

Import a file SHOW	Details 1	Details 2	PlusID	Edit	SDQ+ Account	Score	Vis	Rpt	Complete	Recent
<input type="checkbox"/>	N	Details 1	Details 2							
<input checked="" type="checkbox"/>	28	2026	Phillips, Anthony pa@testschool.com	glowing ladybird 5522	Login			Rpt	N=1	N/A
<input checked="" type="checkbox"/>	33	2026	Washington, Aidan, aidan@testschool.com	enough hare 897	Login			Rpt	N=2	N/A
<input checked="" type="checkbox"/>	36	2027	Adams, Anne anne@testschool.com	1554-3792-1054-7733	Login			Rpt	N=3	N/A
<input checked="" type="checkbox"/>	52	2029	Hellan Dave, dave@testschool.com	vast airplane 9836	Login			Rpt	N=4	N/A
									N=5	
									N=10	
									N=0	
									N=7	

The *Reset filters* tool within the Data management toolbox will reinstate the whole cohort.

Reset filters

## SDQplus – Generating the SDQ

There are various ways to generate the SDQ, choose the most suitable for your situation.

### Method 1 – iSDQ assessment tickets

Can be used to generate links to the SDQ in bulk, (suitable for a classroom setting) or to be sent to an individual to complete the SDQ on their own device (cost of \$1 is charged when the informant accesses the SDQ). In the example below, the check box filters were first set to find individuals in a particular group within the cohort (see screenshot above).

1. Select the rows (see above). Select the *Informant* type and the *Duration* from the drop-down lists.

**SDQ cohort**

UserID:  Password:

**iSDQ assessment tickets**

Select Informant:  Select Duration:  Generate iSDQ(s)

Create record(s)

Import a file:  Details 1:  Details 2:

11-18 year old answers the SDQ for themselves.

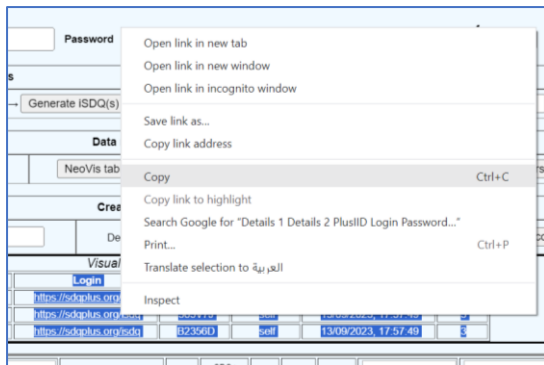
2. Click *Generate iSDQ(s)*.

iSDQ assessment tickets				PlusID format		Search cohort	
Child/Young Person → 30 days → Generate iSDQ(s)				Numerical		Search...	
Data management							
Delete record(s) Export SDQ data NeoVis table Remote user Backup cohort Reset filters							
Create record(s)							
Import a file: <input type="text" value="SHOW"/> Details 1: <input type="text" value="Details 1"/> Details 2: <input type="text" value="Details 2"/> Save record Clear record							
Visualisation <input type="button" value="HIDE X"/>							
Details 1	Details 2	PlusID	Login	Password	Informant	Expires	Logins
2024	Best, Georgia	7067-9344-4537-7301	https://sdqplus.org/sdq	350899	Self	13/09/2023, 17:57:49	3
2024	DS	communal.minnow 851	https://sdqplus.org/sdq	269771	Self	13/09/2023, 17:57:49	3
2024	Giggs, Ben P.S	4211-5076-1491-2253	https://sdqplus.org/sdq	823560	Self	13/09/2023, 17:57:49	3

N	Details 1	Details 2	PlusID	Edit	SDQ+ Account	Score	Vis	Rpt	Complete	Recent
<input type="checkbox"/>	1	2024	Adams, Alison	exciting yeti 9964	Login			Rpt	N=1	2023-06-22
<input checked="" type="checkbox"/>	2	2024	Best, Georgia	7067-9344-4537-7301	Login			Rpt	N=2	2023-06-05
<input checked="" type="checkbox"/>	3	2024	DS	communal.minnow 851	Login			Rpt	N=2	2023-06-15
<input checked="" type="checkbox"/>	4	2024	Giggs, Ben P.S	4211-5076-1491-2253	Login			Rpt	N=2	2022-04-26
<input type="checkbox"/>	5	2024	Green, Jan P.S	model oxygen 8244	Login			Rpt	N=2	2022-06-23

3. The tickets are already highlighted, right click on the blue highlighting and select copy.



4. Paste to either Excel, Word, Google software or for individual tickets straight into an email.

Details 1	Details 2	PlusID	Login	Password	Informant	Expires	Logins
2024	Best, Georgia	smart.tadpole 943	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	Z654HZ	self	12/06/2022, 08:57:46	3
2024	Best, Gina	1551-0597-8191-8043	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	SZ5KGJ	self	12/06/2022, 08:57:46	3
2024	Charlton, Ben	sought.liver 5053	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	86T4G5	self	12/06/2022, 08:57:46	3
2024	Giggs, Ben	4211-5076-1491-2253	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	RG8872	self	12/06/2022, 08:57:46	3
2024	Green, Jan	model.open 8244	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	N47575	self	12/06/2022, 08:57:46	3
2024	Law, Denise	arrowing.hawk 8214	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	RK247F	self	12/06/2022, 08:57:46	3
2024	Morgan, Briony	4559-6041-2502-9392	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	3B5P22	self	12/06/2022, 08:57:46	3
2024	Peters, Penny	1239-6818-3753-3921	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	328XB9	self	12/06/2022, 08:57:46	3
2024	Rick Taylor	4522-2668-5527-1361	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	P3H924	self	12/06/2022, 08:57:46	3
2024	Sidney-Graham, Tina	1214-5429-1291-0936	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	7374BZ	self	12/06/2022, 08:57:46	3

Details 1, Details 2 and PlusID informs the user who the child is.

The informants will need the **login details (generic)** and **password (unique)**.

It is important that the informant receives the correct password as this ensures the SDQ results are returned to the correct child's account.

Example email (with some columns deleted), each ticket is for one SDQ only:

To: [a.practitioner@a.school.co](mailto:a.practitioner@a.school.co)

Subject: Strengths & Difficulties Questionnaire (SDQ)

Dear Mr Bullock

Please find below the SDQ login and relevant passwords for those students in class G12D who are to complete the SDQ. It is important that the child receives and enters in the correct password. The students must reach the Finished screen.

It should take them approximately 5-10 minutes to complete.

Details 1	Details 2	Login	Password	Informant
Alfredo Bullock, G12D	Aaron Nash	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	SM8T24	self
Alfredo Bullock, G12D	Barton Burnett	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	273434	self
Alfredo Bullock, G12D	Carlos Andrews	<a href="https://sdqplus.org/isdq">https://sdqplus.org/isdq</a>	435754	self

Kind regards  
J Sidnell (SENCO)

Clicking the X beside HIDE will remove the generated iSDQ tickets from view.

Visualisation HIDE X				
PlusIID	Login	Password	Informant	Exp
77-4215-9666-4189	https://sdqplus.org/isdg	J5KD46	self	25/02/202

Delete record(s)

☒ ☐ N Details 1

☒ 1 Alfredo B

If you used the check boxes reinstate the ticks for all by clicking the top box beside the N

For information on printing the tickets as sticky labels using Microsoft Excel & Word Mail Merge tools (for easier distribution in a class setting), please email us at [sdqtraining@youthinmind.com](mailto:sdqtraining@youthinmind.com).

## Method 2 – Individual Electronic Link

This method does not require the informant to enter a password and has no time limit (cost of \$1 is charged when you generate the link).

1. Load your cohort (click *Check status* to see completed SDQs in the Complete column).
2. Click the *Login* button in the relevant child's row to go to their SDQplus account (the "bird page").

<input checked="" type="checkbox"/>	N	Details 1	Details 2	PlusIID	Edit	SDQ+ Account	Score	Vis	Rpt	Complete	Recent
<input checked="" type="checkbox"/>	1	2024	Adams, Alison	exciting.yeti.9964		Login	➤	👁	Rpt	N=1	2023-06-22
<input checked="" type="checkbox"/>	2	2024	Best, Georgia	7067-9344-4537-7301		Login	➤	👁	Rpt	N=2	2023-06-05
<input checked="" type="checkbox"/>	3	2024	DS	communal.minnow.851		Login	➤	👁	Rpt	N=2	2023-06-15

**SDQplus** PlusIID = 7067-9344-4537  
UserID = tedtest  
Balance = 156.30

7067-9344-4537-7301

PlusIID details Logout

SDQ<sub>score</sub> 2 paper SDQs

Visualise SDQs

Export

Ext/Int

Disorder

SDQ<sub>plus</sub> 2 digital SDQs

Cute little bird

3. Click the *SDQplus # digital SDQs* button.

This takes you to the SDQplus list (the "parrot page, shown below) where you can select the informant type and generate the link.

4. In the example below there is already a completed assessment (Report shows in the Report column). This link is not available as it has already been used.

**Generating a SDQ link** - click the drop-down arrow within *Select informant* box and click on the informant type.

Hide Incomplete

N#	Created	Created by	Relationship	Assessment	Data	When	Report	A.I. Inquiry	ExtInt	Note	Ref
1	2023-06-22 13:41	tedtest	Self	Link	90	2023-07-07	Report	A.I. Inquiry	ExtInt	Add/clear note	Save

Please reload page once assessment is complete to see updated details.

Select informant

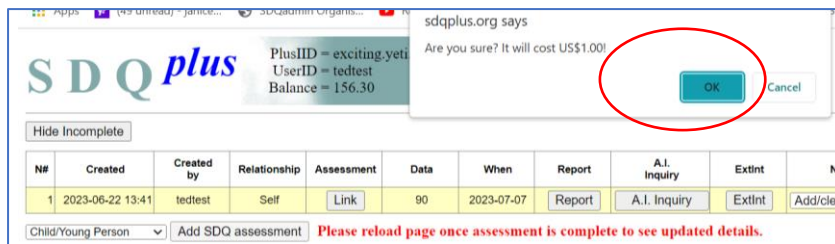
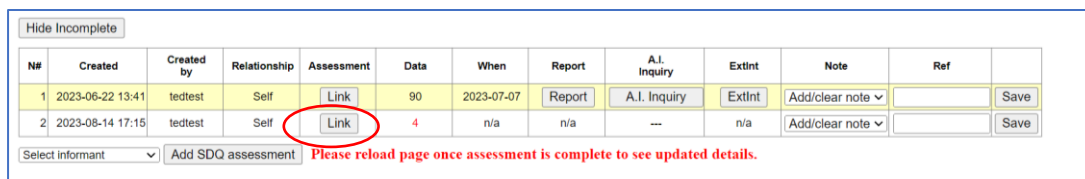
Select informant

Parent

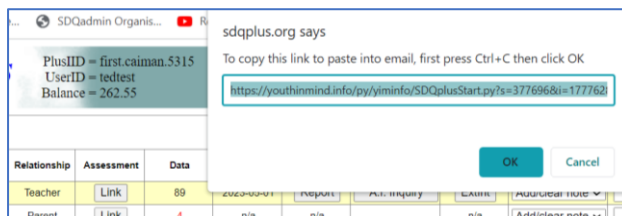
Child/Young Person

Teacher

11-18 year old answers the SDQ for themselves.

5. Click *Add SDQ assessment* and agree OK to the costs6. Click the *Link* button (note there is no report, and the data column has a red 4 indicating the link has not been used).

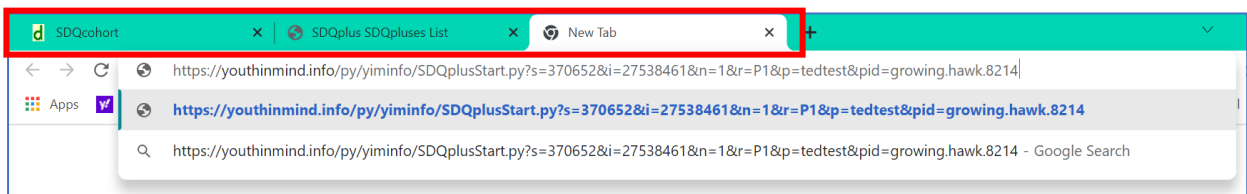
## 7. Copy the link by pressing Ctrl &amp; C on your keyboard, then click OK.



## 8. Paste the link using Ctrl &amp; V to a Word document or directly into an email:

<https://youthinmind.info/py/yiminfo/SDQplusStart.py?s=377696&i=17776289&n=1&r=P1&p=tetdet&pid=first.caiman.5315>

Another option is to open a new tab and use Ctrl & V on the keyboard to paste the link into the address bar (**take care with this option** – as you can see in the screenshot below the SDQcohort tab & SDQplus list is still open, so data can be viewed by clicking back and forth between the tabs).



If you use this method to set up the SDQ in situ ready for an informant to complete the assessment, ensure you have closed the tabs to the cohort page and the SDQplus list.

Example email for SDQ Link - the child's PlusIID (first.caiman.5315) is recorded at the end of the link. In this example the link has been generated for a parent informant (recorded as P1).

To: mbarnes@a.parent.co  
Subject: SDQ for T Barnes

Dear Mr Barnes

Please click the link below and complete the SDQ about your daughter, Tammy Jo. If you are unsure if a particular answer is true or untrue, please select the "somewhat true" option.

<https://youthinmind.info/py/yiminfo/SDQplusStart.py?s=377696&i=17776289&n=1&r=P1&p=tettest&pid=first.caiman.5315>

We will discuss the results at our next meeting.

Jan Lamas

Health & Wellbeing Practitioner

## Adding a Note & Reference to the SDQplus Assessment List (parrot page)

To distinguish between pre and post assessment, it is now possible to record a note in the SDQ assessments list. This note will also be recorded within the cohort export spreadsheet and Visualisation table (and also the SDQadmin, SDQplus data export, if you have access to the SDQadmin account). Click on the dropdown arrow, to select from the options shown in the screenshot below.

The Ref box will allow you to record up to ten characters and may be used to record extra information such as the clinicians initials, a health complaint, or even the banding for the total score if you wish.

**IMPORTANT** click the **Save** button otherwise this information will not be saved.

The screenshot shows the SDQplus web interface. At the top, there is a header with the SDQplus logo, user information (PlusIID = communal.minnow.851, UserID = tettest, Balance = 155.30), and a parrot icon. Below the header is a table with columns: N#, Created, Created by, Relationship, Assessment, Data, When, Report, A.I. Inquiry, ExtInt, Note, and Ref. The table contains two rows of data. A dropdown menu is open for the 'Note' column of the first row, showing options: Pre, Post, Add/clear note, Pre, Mid, Post, Error. The 'Post' option is selected. A 'Save' button is visible next to the 'Ref' column for the first row. A red box highlights the 'Note' and 'Ref' columns and the dropdown menu.

N#	Created	Created by	Relationship	Assessment	Data	When	Report	A.I. Inquiry	ExtInt	Note	Ref
1	2023-05-18 14:32	tettest	Main teacher	Link	89	2023-05-18	Report	A.I. Inquiry	ExtInt	Pre	JGJS
2	2023-06-15 16:29	tettest	Main teacher	Link	84	2023-06-15	Report	A.I. Inquiry	ExtInt	Post	

Select Informant: [v] Add SDQ assessment Please reload page once assessment is complete to see updated details.

Return





(No SDQ data), IID:8033309899828668 UserID:tedtest Credit:155.30

### SDQ Menu

Age (optional) No data ▼  
 Gender (optional) No data ▼

**ID and Date of Birth** have been removed. These could identify individuals in an account context. See our [note](#) about this.

[Enter data from a Parent or other carer](#)

[Enter data from a Teacher or other educational professional](#)

[Enter data from the Self-report of an 11-17 year old](#)

[You will be able to view and download your SDQ reports once you have entered data for one or more informants]

When you are finished, please close your browser to exit this site securely. Make sure to download and save the PDF of any SDQ reports first, as once you leave the site your data are not retrievable.

*When you are finished, please close your browser to exit this site securely. Make sure to download and save the PDF of any SDQ reports first, as once you leave the site your data are not retrievable.*

5.. Enter the Age and Gender recorded on the SDQ paper (optional).

(No SDQ data), IID:7922354465599641 UserID:tedtest Credit:179.30

### SDQ Menu

Age (optional) No data ▼  
 Gender (optional) No data ▼

**ID and Date of Birth** have been removed. These could identify individuals in an account context. See our [note](#) about this.

6. Select the correct informant (the reference P for parent, T for teacher or S for self-informant, will be displayed at the top of the SDQ paper).

Gender (optional) No data ▼

**ID and Date of Birth** have been removed. These could identify individuals in an account context. See our [note](#) about this.

[Enter data from a Parent or other carer](#)

[Enter data from a Teacher or other educational professional](#)

[Enter data from the Self-report of an 11-17 year old](#)

[You will be able to view and download your SDQ reports once you have entered data for one or more informants]

7. Select the correct paper template (the age range will be displayed at the top of the SDQ paper).

### Which type of SDQ was completed by the **parent or carer**?

Single-sided SDQ with **just the 25 core questions**

[Version for 2-4 year olds](#)  
[Version for 4-17 year olds](#)

Double-sided SDQ with the 25 core questions **and impact supplement**

[Version for 2-4 year olds](#)  
[Version for 4-17 year olds](#)

Follow-up SDQ with 25 core questions **and impact supplement including follow-up items**

[Version for 2-4 year olds](#)  
[Version for 4-17 year olds](#)

8. The scoring template matches the order the questions appear in the SDQ – prompts are used as opposed to the full sentences to speed up the scoring process.

**Enter a double-sided SDQ completed by a parent or other carer about a 4-17 year old**

Please select an answer for every item - if the respondent has not answered the question, you should select the 'Missing' option in the wh

	Missing	Not True	Somewhat True	Certainly True
Considerate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Restless	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Headache, stomach-ache	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shares	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Irritable	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Solitary	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Obedient	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worries	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(parent SDQ data), IID:7922354465599641 UserID: testtest Credit:179.30

**SDQ Menu**

Age (optional)

Gender (optional)

ID and Date of Birth have been removed. These could identify individuals in an account context. See our [note](#) about this.

[Enter data from a Parent or other carer](#)

[Enter data from a Teacher or other educational professional](#)

[Enter data from the Self-report of an 11-17 year old](#)

[View or download SDQ Scores Report \(parent data\)](#)

When you are finished, please close your browser to exit this site securely. Make sure to download and save the PDF of your SDQ reports first as they will not be retrievable.

On return to the menu page, you have two options:

1. If you have another SDQ to score on the same child, by a different informant, you can select the appropriate blue link.

2. If you have finished scoring you must click the **RED link to generate the report.**

9. Click the red report link, agree OK to the US\$0.25 cost to view the report.

10. To download the report as a PDF click the *Print and Save Report button* (extra US\$0.25) and save to your own device.

**Strengths and Difficulties Questionnaire** (2022-05-14 09:18:29 GMT) youth/mind

IID:7922354465599641

**SDQ scores**

Parent SDQ for 4-17 year olds, informant = mother, completed 12th May 2022

Score for overall stress	13	(0 - 13 is close to average)
Score for emotional distress	4	(4 is slightly raised)
Score for behavioural difficulties	0	(0 - 2 is close to average)
Score for hyperactivity and concentration difficulties	6	(6 - 7 is slightly raised)
Score for difficulties getting along with other children	3	(3 is slightly raised)
Score for kind and helpful behaviour	6	(6 is LOW)
Score for the impact of any difficulties on the child's life	0	(0 is close to average)

**Diagnostic predictions**

Any disorder	- Low risk
Emotional disorder (anxiety, depression etc.)	- Low risk
Behavioural disorder	- Low risk
Hyperactivity or concentration disorder	- Low risk

**Caution**

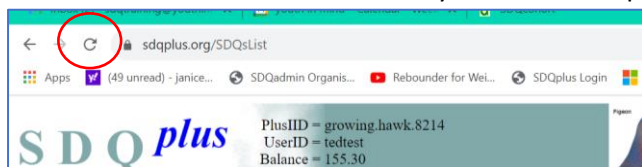
If you think this report has missed the point, whether by exaggerating or underestimating the difficulties, you may be right. A brief questionnaire obviously isn't the same as an individual assessment by an expert. Perhaps both are needed.

**NOTE:** A few people have had problems generating PDF reports. This appears to be a problem with some versions of some web browsers. If you have problems, try using a different browser (e.g. if you have a problem using Internet Explorer, try using FireFox). If it still does not work, use the Problem button to contact us and let us know.

[PDF: print and save report](#)

[Return to the menu for this individual](#)

On return to the SDQ list make sure you refresh the page to update the information.



The relevant boxes will now fill with data, relationship and date.

N#	Created (UTC/GMT+2)	Created by	SDQ interview	Data	Relationship	Paper completed	Export	Note	Ref
1	2022-02-10 11:22	tedtest	SDQ	60	Teacher	2022-02-10 11:31:27	Export JSON A.I. Parent A.I. Teacher A.I. Self	Pre	Ms Row SEN
2	2023-08-14 17:36	tedtest	SDQ	55	Mother	2023-08-07 19:46:28	Export JSON A.I. Parent A.I. Teacher A.I. Self	Add/clear note	

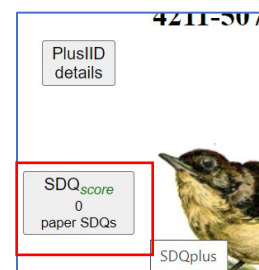
\*\*\*\*\*

Alternatively you can access the SDQscore template by clicking on the Login button...

<input checked="" type="checkbox"/>	N	Details 1	Details 2	PlusIID	Edit	SDQ+ Account	Score
<input checked="" type="checkbox"/>	1	2024	Adams, Alison	exciting.yeti.9964		Login	>>
<input checked="" type="checkbox"/>	2	2024	Best, Georgia	7057-9344-4537-7301		Login	>>

... and then clicking the *SDQscore # paper SDQs* button within the child's account.

Refer to steps 2-9 pages 8-10.



## Adding a Note & Reference to the SDQscore Assessment List (pigeon page)

To distinguish between pre and post assessment, it is now possible to record a note in the SDQ assessments list. This note will also be recorded within the cohort export spreadsheet and the Visualisation table (and the SDQadmin, SDQplus data export, if you have access to the SDQadmin account).

Click on the dropdown arrow, to select from the options shown below. The Ref box will allow you to record up to ten characters (useful for recording additional information about the child if you wish).

**IMPORTANT** click the **Save** button otherwise this information will not be saved.

N#	Created (UTC/GMT+2)	Created by	SDQ interview	Data	Relationship	Paper completed	Export	Note	Ref
1	2022-02-10 11:22	tedtest	SDQ	60	Teacher	2022-02-10 11:31:27	Export JSON A.I. Parent A.I. Teacher A.I. Self	Pre	Ms Row SEN
2	2023-08-14 17:36	tedtest	SDQ	55	Mother	2023-08-07 19:46:28	Export JSON A.I. Parent A.I. Teacher A.I. Self	Add/clear note	

## Language Choices in SDQplus

The default setting for SDQplus is English. However, the informant can select from seven other language choices.

## SDQ Informant Choices

When generating an SDQ it is important to select the correct informant, either Teacher, Parent or Self (child/young person). The screenshots below show the different choices the informant will be able to select when accessing the SDQ.

Teacher informant choices

Parent informant choices

### Self-informant (child/young person) choices

To answer the SDQ for themselves, a young person should be 11-18 years of age. The self-informant has the option to select related pictures that may help with answering the questions.

The next set of questions can come either with or without pictures like these.



You can enlarge pictures by pointing your mouse at them or, if you have a touch screen, by touching them.

Would you like to see the pictures?

- ☐ No, I just want to read the questions
- ☒ Yes, I'd like to see the pictures too

Other SDQcohort guides include:

*Creating Cohorts User Guide*  
*SDQ Assessment Results User Guide*

To download SDQ papers please visit:

<https://sdqinfo.org/py/sdqinfo/b0.py>

For advice or assistance please email us at,

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